The American's 90-Day Thailand Relocation Checklist

A practical planning checklist from Project Siam for Americans preparing to move to Thailand. Educational only; not legal, immigration, tax, financial, medical, or real estate advice.

90-60 Days Before Moving

- Confirm why you are moving: retirement, remote work, family, lifestyle, healthcare, investing, or trial stay.
- Choose two target cities and one backup city.
- Build a monthly budget in USD and THB with rent, insurance, healthcare, food, transport, phone, travel, and emergency reserve.
- Research public visa pathways and write down questions for official sources or licensed providers.
- Check passport validity, document copies, birth/marriage records if relevant, and medication documentation.
- Decide whether you are shipping household goods, storing items in the U.S., or moving luggage-only.

60-30 Days Before Moving

- Compare short-term furnished rentals or serviced apartments for the first 30-90 days.
- Contact health insurance providers and confirm international coverage assumptions.
- Research hospitals near target neighborhoods, especially for ongoing care needs.
- Set up mail forwarding, banking access, card travel notices, and international transfer options.
- Create a first-arrival cash plan for deposits, temporary housing, transport, SIM card, and admin costs.
- If buying property, pause and plan independent legal review before sending deposits.

Final 30 Days Before Departure

- Book temporary housing, not a long lease you have not inspected.

- Confirm flights, arrival transport, and first-week essentials.
- Prepare digital and printed copies of important documents.
- Confirm phone unlock status and roaming backup.
- Create an emergency contact plan for the U.S. and Thailand.
- Write your top 10 questions for the first relocation consultation or licensed partner call.

Arrival Week In Thailand

- Get a local SIM or eSIM and confirm internet access.
- Inspect neighborhoods at different times of day before committing.
- Visit nearby grocery, pharmacy, hospital, transit, coworking, or school options as relevant.
- Do not wire large deposits under pressure.
- Begin banking research and document requirements.
- Track every actual expense for the first two weeks.

First 30 Days

- Compare at least three housing options before signing.
- Confirm lease terms, deposit terms, building rules, utility setup, and internet quality.
- Visit hospitals or clinics you may rely on.
- Adjust budget based on actual spending.
- Review visa/admin timing with official sources or licensed professionals.
- Build a local support list: doctor, insurance contact, attorney/visa provider if needed, agent, emergency contact.

First 60-90 Days

- Decide whether the city and neighborhood are still a fit.
- Only consider longer lease or purchase decisions after living locally.
- Review insurance, healthcare, banking, transport, and monthly budget assumptions.
- Create a longer-term document and renewal calendar.
- If using partners, document terms, fees, and disclosures.

- Book a strategy review before making high-stakes commitments.

Questions To Ask Before Paying Anyone

- What license, credential, or authority applies to your service?
- What exactly is included and not included?
- What fees, commissions, or referral payments exist?
- What risks should I understand before committing?
- What official source or document confirms this claim?
- What happens if my timeline, visa, lease, or health situation changes?

Project Siam Consultation

Book the $197 consultation if you want help turning this checklist into a written city, budget, housing, healthcare, and first 90-day relocation plan.

Disclosure: Project Siam provides educational relocation planning. Project Siam is not a law firm, tax advisor, financial advisor, immigration authority, medical provider, investment advisor, visa agent, or real estate brokerage unless explicitly stated and properly licensed. Project Siam may receive referral fees from some partners and will disclose paid relationships.